



Delaware-Morrow Mental Health & Recovery Services Board

2017 ANNUAL REPORT

LOCAL CHALLENGES REQUIRE COMMUNITY PARTNERSHIPS

It has been said in the past that our local partnerships are our greatest strength. For the Delaware Morrow Mental Health and Recovery Services Board, this has continued to be the case in FY2017. Our behavioral health network experienced multiple challenges — the uncertainty of the pending implementation of Ohio's Behavioral Health re-design, preparation for Medicaid Managed Care carve in, and locally the closure of our largest service provider — a significant set of changes for FY2017. In the face of these changes and rapid growth in the two-county service area, the DMMHRSB relied upon ongoing tremendous support from the community and its' partners to weather these events.

Our journey over the past year has encompassed strategic development, ultimately the growth of our provider network, creating and sustaining collaborative partnerships, and financially responsible decision making that has led us to where we are today. We now have two new providers in our system — Syntero and Southeast, Inc. — who were able to hit the ground running in Delaware and Morrow Counties in the last quarter of FY2017.

Ohio's behavioral health system will begin its long planned and strategic execution of BH Re-Design and Managed Care carve-in in FY2018. The journey toward the "new normal" with behavioral healthcare will continue. In the midst of the elevation of Medicaid's payment process to the state, the modernization of billing systems, the expansion of Medicaid eligibility to a larger part of the population and the ongoing integration of mental and physical health care provision — there has been one constant. The DMMHRSB has received the consistent support of the community with whom we work and for whom we serve.

We thank you for your support.

Deanna Brant
Executive Director



NEW PROVIDERS

Syntero opened its doors to begin providing services for children, youth and families on April 1, 2017. Syntero is a child and family services expert and absorbed the school based and child and family services in both Delaware and Morrow Counties. In Morrow County, Syntero began operating from the Tomorrow Center, and opened its Lewis Center office for outpatient services in the summer of 2017. With board support, Syntero has provided a behavioral health clinician for each school district in the two county area.

Southeast Inc., came to the Delaware and Morrow County area with a long history of Central Ohio expertise in crisis intervention, treatment for adults with severe and persistent mental illness, and supported employment services. Southeast opened offices in both Delaware City and Mt. Gilead.

OPIATE ADDICTION SERVICES

OPIATE OVERDOSE PREVENTION TRAINING

Opioid addiction and overdoses have reached epidemic levels in the nation, and in Ohio. The DMMHRSB has continued to support free training sessions for individuals with a family member addicted to heroin or prescription opioids or anyone in the community that comes in contact with individuals who are addicted to those substances.

ACCESS TO CARE

The DMMHRSB had also recognized that those individuals struggling with opioid addiction require timely access to care. Lengthy wait times for outpatient services could become the barrier to achieving recovery. To address that issue, the Board has adopted a "Rapid Engagement" philosophy — funding positions that promote walk in access and immediate engagement in treatment. Rapid engagement and assertive outreach will allow those who are in immediate need to be identified and quickly engaged in care.

www.dmmhrsb.org

DMMHRSB PROVIDERS NETWORK OF EXCELLENCE

- Del-Mor Dwellings Corporation
- HelpLine of Delaware and Morrow Counties
- Maryhaven
- Recovery & Prevention Resources of Delaware and Morrow Counties (RPR)
- Safe Harbor Peer Support Services
- Southeast Inc. / Center of Vocational Alternatives (COVA)
- Syntero
- Turning Point

INDIVIDUALS RECEIVING OUTPATIENT TREATMENT SERVICES (NON-MEDICAID)



6,323 ADULTS



294 YOUTH

(85% increase in total numbers served in 2016, with 45% decrease in children served) *



CRISIS INTERVENTION TEAM

CIT continues to be a very successful program in the Delaware and Morrow County area. The 22nd training class was held in the spring of 2017 and the total number of law enforcement who have been certified in the board area is 371. CIT is a community program that emphasizes law enforcement diversion of those with mental illness and addiction to appropriate treatment when safely possible. CIT includes a specialized training for law enforcement officers to recognize signs of mental illness and how to best serve individuals with mental illness and addiction.



WHAT THE FUTURE HOLDS

As research is completed regarding practices that will have an impact on the opiate crisis in Ohio, two focus areas are becoming more important. Employment services and housing needs are likely going to be critical areas to consider for the future. The availability of gainful employment options and safe affordable decent housing for those with mental illness and addiction issues will become a priority.

In FY2018 and 2019, Ohio's behavioral health system will undergo a behavioral health transformation that will require significant resources directed toward planning for local impact. The DMMHRSB will continue to monitor the impact of Medicaid expansion and plan for funding behavioral health services with retention and either elimination or reduction of Medicaid expansion eligibility in mind.

Lastly, the population growth being experienced by the board area will be a factor in our future planning process. Delaware County in particular has experienced significant population growth, and that trend is expected to continue. The behavioral health needs of a larger and aging population with some local communities changing to a more urban culture will need to be considered by the Board in the coming years.



FINANCIAL INFORMATION

REVENUE

Ohio Department of Mental Health & Addiction Services (OhioMHAS)	\$1,723,279.00
Local Levy	\$7,139,889.00
Other Sources	\$118,368.00
Total Revenue	\$8,981,536.00

EXPENDITURES

Direct Care and Contract Provider Payments	\$7,579,201.00
Administration Planning & Oversight	\$830,646.00
Capital & Support	\$563,324.00
Total Expenditures	\$8,973,171.00
Carryover of OhioMHAS Funds	\$8,365.00

INDIVIDUALS RECEIVING SUPPORT SERVICES



HOTLINE: 5,671
(19% increase from 2016)



PERMANENT HOUSING: 124
(8% increase from 2016)



INFORMATION & REFERRAL: 592



EMPLOYMENT/VOCATIONAL: 226
(68% decrease from 2016)



CONSUMER PEER SUPPORT: 759
(14% increase from 2016)



PREVENTION/EARLY INTERVENTION: 15,493
(9% increase from 2016)



YOUTH SERVED BY SCHOOL-BASED SERVICES: 728
(11% decrease from 2016) *

*Decreases directly related to closing of COMHC