



DELAWARE-MORROW  
MENTAL HEALTH &  
RECOVERY SERVICES BOARD  
**FY2022**  
ANNUAL REPORT



# MOVING FORWARD

TEAMWORK ✨

PLANNING ✨

DETAILS ✨

DESTINATION ✨







# FROM THE EXECUTIVE DIRECTOR



**DEANNA BRANT,  
LPCC-S**

## **MOVING FORWARD**

**FY2022 was marked by both endings and beginnings -- the ending of a global health crisis and beginning the post-COVID "new normal" for our residents, our communities and local behavioral health services. Recovery from any crisis requires a community effort – leadership, teamwork, strategic planning, and ultimately funding to arrive at the destination that we all collectively strive to reach – a behavioral health network that is accessible, high quality, and evolutionary – poised to meet the rapidly changing behavioral health needs of our unique and growing population in Central Ohio.**



## **FUNDING**

**In the midst of this challenging transition, our Board placed a property tax levy on the ballot for voter consideration in November of 2021. The support of the voters once every five years has been critical to our Board's ability to meet the needs of our residents. But for this levy cycle, change was needed. For the first time in 37 years, the fall 2021 ballot issue included a proposed 0.5 millage increase.**

**Please take a moment to consider this notion – Our Board's last levy increase occurred when gas prices were \$1.10/gal, a new pick-up truck was less than \$9,000, microwave ovens had been on the market for two years, and Apple home computers were newly introduced at a cost of \$2500. Through 9 United States presidential terms, the opiate crisis, and the population growth of the Central Ohio region from approximately 87,000 residents to the 249,074 reflected in the 2020 US Census, our Board had been planning, funding and evaluating behavioral health care primarily with the revenue generated by 1.0 mill. However greater capacity was urgently needed.**



## **PROGRAMS**

**The passage of a 1.0 Mill renewal and 0.5 mill increase allowed for our board to move forward with multiple critical objectives in our FY2021–2023 Strategic Plan. For example, Big Brothers Big Sisters expanded in Delaware and into Morrow County – providing youth mentorship and youth led services that are expected to grow every year. Big Brothers Big Sisters was awarded their first board contract in July 2021. Expanding mentoring opportunities for all youth in Delaware and Morrow Counties was a board strategy to increase access for any family who needed this support, strategically meeting these needs in underserved areas.**

# FROM THE EXECUTIVE DIRECTOR



## PROGRAMS (cont.)

Cornerstone of Hope, a faith based not for profit agency whose sole mission is to provide grief and loss support services, was asked to plan and implement a regional traumatic loss response team. Deaths by suicide and overdose frequently impact families who experience the aftereffects for decades to come, and research clearly shows that families have an increased risk of such outcomes if postvention is not available. Effective postvention following a death by suicide or overdose is an effective form of prevention of further “deaths of despair” and Cornerstone of Hope was the lead agency in this largely grant funded program covering Delaware, Morrow, Marion and Crawford Counties. In FY2022, Cornerstone initiated traumatic loss response and support groups and YTD 2023, has responded to 41 families and provided support group services to 48 individuals in our communities – all without cost to those who lost a loved one.



## DATA

Our Board staff has fully implemented a provider outcomes data collection and analysis model based upon the following four areas – Access to care, Efficiency of operations, Effectiveness of services, and client Satisfaction. Analyzing data from these four areas allows our Board to measure the positive impact of behavioral health services funded primarily by your continued support. Access to care, negatively impacted by workforce and other challenges, continues to need improvement in our region and across the state and nation.



## INFRASTRUCTURE

As a function of five years of strategic planning, affordable, accessible, welcoming and safe provider space remains a priority for the Board. The Meadow Center Renovation and Expansion project in Morrow County continues – with projected capacity for four healthcare providers once completed. Our crisis and family serving programs will be greatly enhanced by the opening of this board owned building. The affordability of clinical space for not-for-profit programs is a source of ongoing planning – as costs increase and reimbursement rates remain stable, access to affordable, safe, welcoming space is at risk.

We deeply appreciate our partnerships which allow us to move the health of our community forward. We know that we are all in this together.

*Jeanne Grant*



# KEY INFORMATION



## VISION STATEMENT

The Board promotes a high-quality, readily accessible behavioral health care network that anticipates and meets the changing needs of a growing community.



## MISSION STATEMENT

The Delaware-Morrow Mental Health & Recovery Services Board promotes wellness and supports recovery by planning, funding, and monitoring public mental health and addiction services for Delaware and Morrow County.

## CORE VALUES

- Treat others with dignity and respect
- Demonstrate leadership and professionalism
- Empower collaboration
- Be open to innovative solutions
- Actively pursue excellence
- Adhere to high ethical standards
- Be good stewards of the public's funds and trust



# TEAMWORK

"A single leaf working alone provides no shade."  
- Chuck Page



## FY2022 BOARD OF DIRECTORS

- Kathleen Johnson, Esq. -  
*Board Chair*
- Marnie Whaley-Buckel, LISW  
- *Board Vice Chair*
- Lynn Stacy - *Board Secretary*
- David Black
- Dr. Lynnette Cook
- Robert Horrocks
- Dr. Anna Horstman
- Sarah JanTausch
- Tiesha Johnson, DNP
- Zachary Miller
- Carolyn Slone
- Jeremiah Wagner
- Benjamin Winkler, Esq.

## FY2023 DMMHR SB STAFF



**Deanna Brant, M.Ed, LPCC-S**  
*Executive Director*



**Rhianna Mattix, MSW, LISW-S**  
*Associate Director*



**Kim Bood**  
*Finance Director*



**Kristan Warren, MSW, LISW-S**  
*Youth & Family Clinical Director*



**Robert Hatcher**  
*Crisis Systems & Training Coordinator*



**Lisa Dooley, MPH**  
*Coalitions Coordinator*



**Karen Mohr**  
*Fiscal Specialist*



**Susan Hannahs**  
*Fiscal Specialist*



**Ian Ferguson, MLIS**  
*Administrative Assistant*



**Bailey Gano**  
*Community Impact Coordinator*



# TEAMWORK

"When there is teamwork and collaboration, wonderful things can be achieved." — Mattie Stepanek



## FY2022 PROVIDER NETWORK



BIG BROTHERS BIG SISTERS OF CENTRAL OHIO

CORNERSTONE OF HOPE

DEL-MOR DWELLINGS

HELPLINE

JACOBSSWAY

MARYHAVEN

NAMI MID-OHIO

PREVENTION AWARENESS SUPPORT SERVICES

SAFE HARBOR

SOUTHEAST HEALTHCARE

SYNTERO

TURNING POINT



For more information on our current network of providers, visit [DMMHRSB.org](http://DMMHRSB.org)



# PLANNING

*"Planning is bringing the future into the present so that you can do something about it now." — Alan Lakein*



## FY2022-2023 STRATEGIC PLANNING

THE PRIORITIES WE ARE PURSUING:

### **MENTAL HEALTH & WELLNESS**

*Enhance the continuum of care to improve mental health and wellness*

### **SUBSTANCE ABUSE**

*Enhance the continuum of care to address substance use*

### **RECOVERY**

*Expand efforts to assist individuals on their path to recovery*

### **BOARD OPERATIONS**

*Upgrade the scope, scale, and methodology of Board approaches to meet current individual, and community demand, while setting the stage for population growth*



## THE OUTCOMES WE STRIVE TO ATTAIN

- **Board actions are informed by behavioral health data, funded by an enhanced, outcome-oriented model, and meeting the needs of a growing population**
- **Health services have filled gaps, accomplished better geographic spread, and reflect more community-based care**
- **Crisis response is 24/7, in-county, accessible, quality**
- **Progress has been made on skilled workforce recruitment and retention**
- **More services to children are provided earlier and locally in nontraditional settings**
- **Infrastructure upgrades are completed**



# PLANNING

*"A good plan is like a road map: it shows the final destination and usually the best way to get there." - H. Stanelly Judd*



## COMMUNITY HEALTH IMPROVEMENT PLAN

The DMMHRSB works alongside community leaders as part of the Partnership for a Healthy Delaware County and the Morrow County Community Partners to help plan and develop the Community Health Improvement Plans, or CHIPs, for each county.

CHIP planning consists of establishing community health priorities and goals and then setting a course of action to attain these goals. Information gathered through Community Health Assessments (or CHAs) is used to identify areas of need and priorities. The current CHIPs run through FY2023, and planning is already underway for the upcoming plans.

Both counties have prioritized behavioral health as an essential part of community well-being and have committed to improving access to care, expanding public outreach and education, and assisting those in need more efficiently and effectively.



## DMMHRSB STAFF EXPANSION

Since FY2020, the DMMHRSB has focused on restructuring its staff and adding skilled team members to ensure that thoughtful planning becomes purposeful action.

The Board has added full-time communications, finance, community impact, coalition coordination, and crisis systems/training fields.

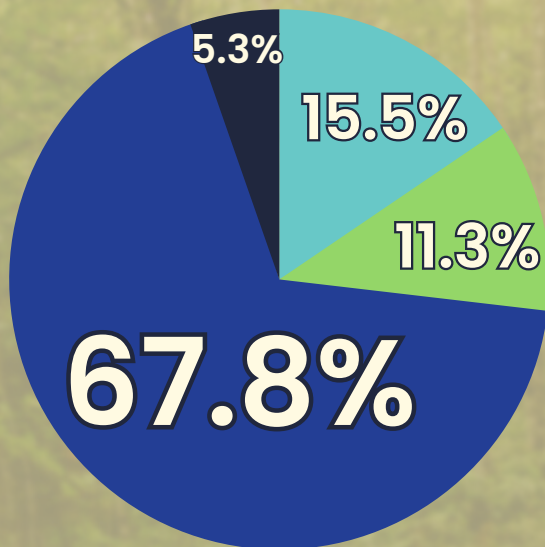


# DETAILS

"The difference between something good and something great is attention to detail" - Charles Swindoll

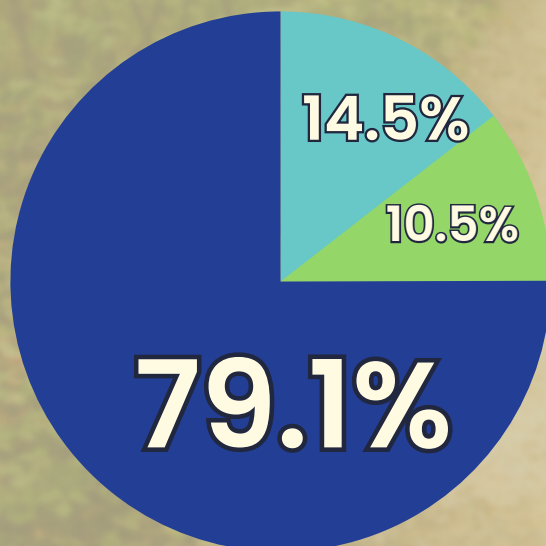


## FY2022 FINANCES REVENUES



LOCAL	\$8,451,518
STATE	\$1,933,123
FEDERAL	\$1,404,228
OTHER	\$665,749
<b>TOTAL</b>	<b>12,454,618</b>

## EXPENDITURES



DIRECT CARE & PROVIDER PAYMENT	\$11,089,276
CAPITAL & SERVICES	\$2,139,139
OPERATING EXPENSES	\$1,550,610
<b>TOTAL</b>	<b>\$14,778,225</b>



# DETAILS

"Small acts, when multiplied by millions of people, can transform the world." – Howard Zinn



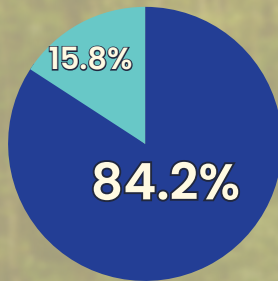
## FY2022 STATISTICS

### CLIENTS SERVED:

**19,877**

### BY COUNTY:

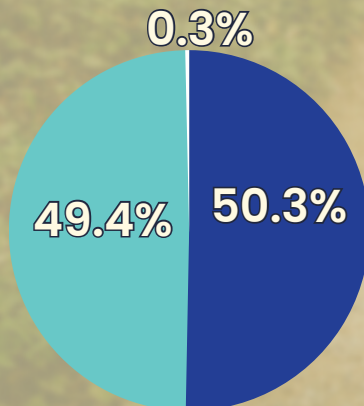
**DELAWARE: 16,730**  
**MORROW: 3,147**



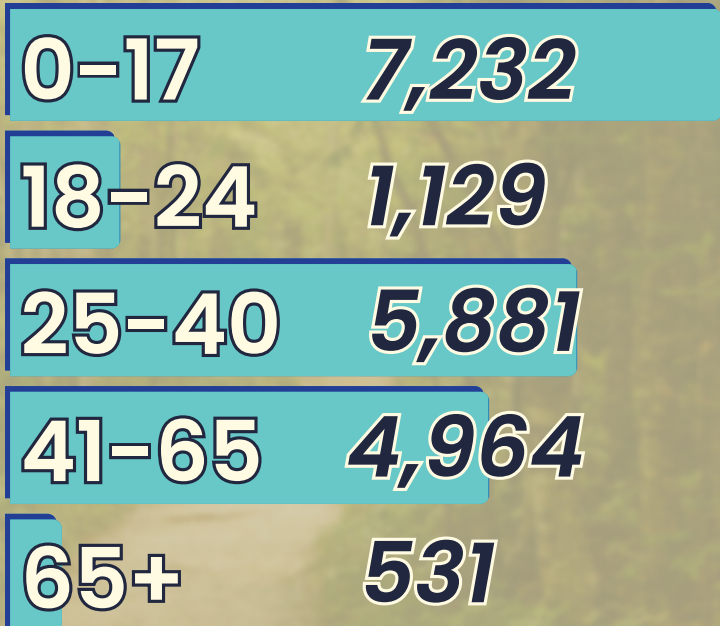
### BY GENDER\*

**FEMALE: 7,232**  
**MALE: 7,096**  
**OTHER: 50**

\*for programs that track gender

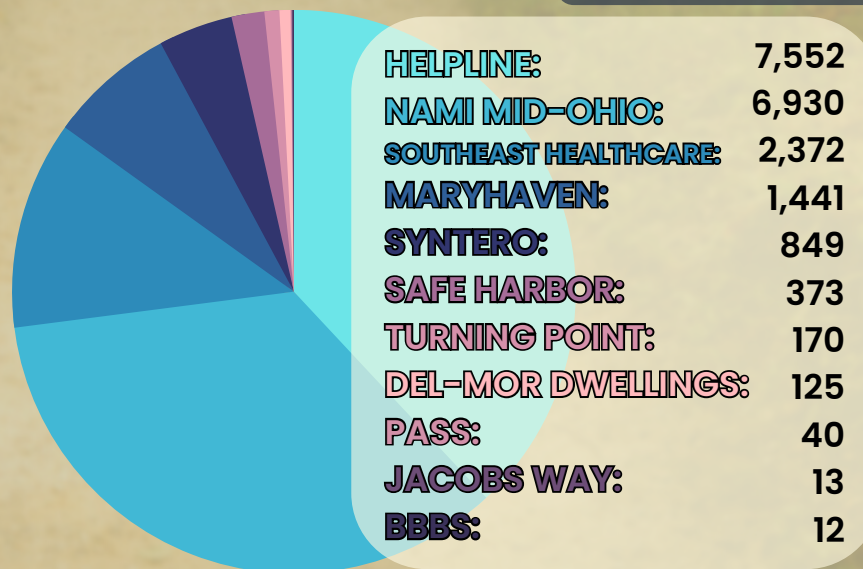


### BY AGE GROUP:



### BY PROVIDER:

#### NON-SCHOOL BASED CLIENTS





# DETAILS

*"To take children seriously is to value them for who they are right now rather than adults-in-the-making." – Alfie Kohn*



## FY2023 SCHOOL-BASED PROGRAMS

### YOUTH MENTORING

Big Brothers Big Sisters offers both school-based and community youth mentoring programs in Delaware and Morrow counties.

### ENDING THE SILENCE

NAMI Mid-Ohio presents this evidence-based, 50-minute session designed for middle and high school students which teaches about mental health conditions.

### PAX GOOD BEHAVIOR GAME/BOTVIN LIFE SKILLS

PASS coordinates PAX for grades K-2 and Botvin for grades 3-6. PASS trains and supports district staff in the delivery of these programs.

### I MIND

PASS offers this intervention program to youth receiving discipline for vaping on school property. This program provides care navigation and an alternative response to traditional student disciplinary action.

### PREVENTION & CRISIS SERVICES

Syntero offers individual and small group supports to K-12 students focusing on developing coping strategies for specific stressors. Crisis services provide screening, safety planning, stabilization, and linkage to ongoing care. Maryhaven offers these services for DACC.

### SCHOOL-BASED

### INDIVIDUALS SERVED

HelpLine: 4,266

Syntero: 1,802

Maryhaven: 1,270

NAMI Mid-Ohio: 766

PASS: 120

BBBS: 12

### QPR: QUESTION, PERSUADE, REFER

HelpLine presents this program designed to teach people the warning signs of a suicide crisis and how to respond.

### RECONNECTING YOUTH

Maryhaven presents this semester-long program focused on high school students who are struggling with grades or at risk of drop-out.

### CATCH MY BREATH

PASS facilitates this 4 session vaping prevention programming for grades 5-8. Sessions include dangers of vaping, health impact, recognizing risky situations and setting personal goals.

### SAFE DATES

HelpLine presents this program for youth and adolescents on how to identify and prevent dating violence.

### SIGNS OF SUICIDE

HelpLine offers this 2-3 session suicide prevention program delivered to 7th and 9th graders.





# DETAILS

*"No one can whistle a symphony. It takes a whole orchestra to play it." – H.E. Luccock*



## NEW PROVIDERS IN FY2022



### BIG BROTHERS BIG SISTERS OF CENTRAL OHIO

The Big Brothers Big Sisters organization is synonymous with mentoring, and with the Board's focus on prevention and wellness, the fit was obvious. After working tirelessly to establish the connections and infrastructure needed, the work began to find the mentor/mentee matches that make the program so special. Along with community-based matches between adults and youth, BBBS has established in-school mentorship programs that pairs elementary students with a qualified high school mentor.



### CORNERSTONE OF HOPE

As Ohio has seen suicide and overdose rates rise, the need for evidence-based grief services has risen, as well. The Board is proud to partner with Cornerstone of Hope as they establish the Mid-Ohio Trauma Response Team, a program that will use trained clinicians to assist families and communities that have suffered unspeakable losses. Cornerstone of Hope provides counseling, support, and education to ensure those touched by the death of a loved one can cope with the loss.





# DESTINATION



*"If I have seen further, it is by standing on the shoulders of giants." - Isaac Newton*

## FUTURE PLANNING

### STAYING A STEP AHEAD

As we enter into a post-pandemic time, accessible, efficient, and effective healthcare is essential for a functioning society.

DMMHRSB's planning focus is on increased demand, awareness for behavioral health services, and the rapidly growing Delaware and Morrow County population.

These considerations, plus planning for future needs, drive the decisions and policies for the DMMHRSB. The Board is preparing for a new strategic plan for the coming years with an emphasis on revamping the crisis system and infrastructure, as well as using data to refine and adjust our approach to treatments, services, and supports.



## REDUCING STIGMA

The most significant obstacles to getting services to the people who need them are accessibility and stigma. Stigma refers to the negative association for behavioral health issues and the people who experience them. The

DMMHRSB is committed to using public outreach, informational campaigns, public speaking engagements, and a culture of transparency to minimize barriers for individuals and families seeking help.



# DESTINATION



*"What you get by achieving your goals is not as important as what you become by achieving your goals." —Zig Ziglar*

## CAPITAL PROJECTS

### A HOME FOR SERVICES

The DMMHRSB is continuing its efforts to developing facilities in both counties in order to provide a central home for much-needed services. By allowing providers the opportunity to host services and supports locally, more residents have the opportunity to get help.

In Morrow County, the Board is underway with the renovation and expansion of the Meadow Center in Mt. Gilead. This DMMHRSB-owned property has housed behavioral health providers for decades, and once complete, will be the local hub for behavioral health and crisis services across the lifespan.



Plans continue for the Delaware County Social Services Campus. This "one-stop shop" facility will house the Board Office, Delaware County Job & Family Services offices and the Board of Developmental Disabilities.







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